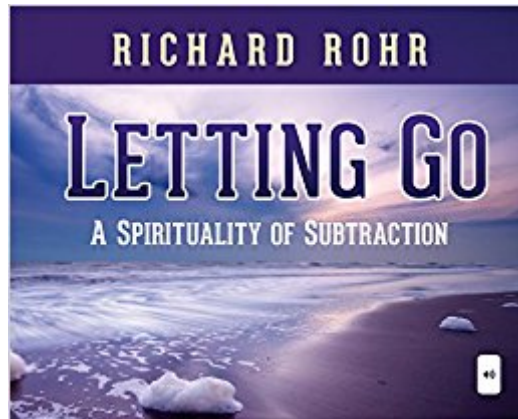




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# Letting Go: A Spirituality Of Subtraction



## Synopsis

In our culture, the "good life" means getting more. This series of retreat talks challenges listeners to subtract— to release whatever hinders us from siding with the cosmic Christ, whether that be in our inner world (Talks 1-4) or our outer world (Talks 5-8). Father Rohr offers a daring vision which calls us to surrender, to liberation, to making room for real freedom. Topics include: 1. Making Room for Freedom: Liberating the Affluent 2. At Home in the Wrong House: Living With God or Mammon 3. Yes! To God: Traveling Through Self to Acceptance 4. Silence and Willing Service: Delving Into Mystery 5. What is the Good Life? Breaking Out of the Consumer Trap 6. Beyond Our Cultural Biases: Siding With the Cosmic Christ 7. Leaving Security Behind: Finding a New Center 8. Surrendering: Giving Everything We Are

## Book Information

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## Customer Reviews

Fr. Richard Rohr is a globally recognized ecumenical teacher bearing witness to the universal awakening within Christian mysticism and the Perennial Tradition. He is a Franciscan priest of the New Mexico Province and founder of the Center for Action and Contemplation (CAC) in Albuquerque, New Mexico. Fr. Richard's teaching is grounded in the Franciscan alternative orthodoxy— practices of contemplation and lived kenosis (self-emptying), expressing itself in radical compassion, particularly for the socially marginalized. Fr. Richard is the author of numerous books, including *Everything Belongs*, *Adam's Return*, *The Naked Now*, *Breathing Under Water*, *Falling Upward*, *Immortal Diamond*, and *Eager to Love: The Alternative Way of Francis of Assisi*. Fr. Richard is

academic Dean of the "Living School for Action and Contemplation. Drawing upon Christianity's place within the Perennial Tradition, the mission of the Living School is to produce compassionate and powerfully learned individuals who will work for positive change in the world based on awareness of our common union with God and all beings. Visit [cac.org](http://cac.org) for more information.

Richard takes the listener into the state of the Church today, and then how the individual can live an authentic, and vibrant Christian life.

In a very practical way, "Letting Go" was so hard to do that I decided to listen to what R. Rohr had to say. He explains the need and reason for why we should let go, and gives the consequences of a life in which you have not learnt to let go. This being a life with no peace, A life with real freedom. To achieve this of course R. Rohr will discuss the topic of surrender. We need to surrender our lives completely to the Lord to really achieve optimum liberation and freedom.

I bought this for my husband. He is very pleased with the content. I have listened to some of it and am now a ROHR fan! T. Lee

Where Fr. Rohr's talks are advertised as the spirit of letting go, I was expecting a spiritual and prayerful treatment of John the Baptist's famous line: "He must increase; I must decrease." Instead, it was a steady rant against capitalism, Western civilization and the Church, interspersed with brilliant insights into letting go and aligning oneself with God. I wish I had saved the time and money.

this is one of Richards Rohr best works i listened to it over 20 years ago at least 10 times. Recently I heard it again and understand it even better. It was truly prophetic because he is explaining spirituality and culture, including the religious games people play in this modern day conservative church. I call it religion without GRACE

This lecture series provides real spiritual guidance for living in a consumerist culture. I am happy this voice exists and I don't know where I would be without it - truly revolutionary.

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